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Bureau of Family Health and Nutrition | **Department of Public Health**

Pregnancy Loss

Approximately 1 in 4 pregnancies end in a loss, including miscarriage, recurrent pregnancy loss, fetal death, or stillbirth. The loss of a pregnancy has a profound impact on parents, families, and health care providers.

Parents and families who have experienced pregnancy loss may feel a sense of grief and bereavement, which can lead to feelings of isolation. If you are experiencing pregnancy loss, it's important to contact your provider for medical services and emotional support, including counseling and support groups. In many cases, you may want to follow up with a reproductive health specialist. Ask your current provider for a referral or you can search for a reproductive health specialist in your area.

What you need to know

What is Pregnancy Loss?

(<https://web.archive.org/web/20250901042240/https://www.mass.gov/info-details/what-is-pregnancy-l>)

Information About Pregnancy Loss for Parents & Families

(<https://web.archive.org/web/20250901042240/https://www.mass.gov/info-details/information-about-pregnancy-loss-for-parents-and-families>)

Information About Pregnancy Loss for Healthcare Providers

(<https://web.archive.org/web/20250901042240/https://www.mass.gov/info-details/information-about-pregnancy-loss-for-healthcare-providers>)

Contact Information

The Division of Pregnancy, Infancy, and Early Childhood oversees perinatal mental health initiatives and activities across the Commonwealth. The Division is part of the DPH Bureau of Family Health and Nutrition.

Division of Pregnancy, Infancy, and Early Childhood

Online

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